

Pomegranate juice Ai no Zagros ZAKURO

The pomegranate has been grown carefully in the Persia district as an important food and fruit, which indispensable cosmetic and health

for female, since 4,000 years.

According to the latest research, it is said that fruitification and seed of pomegranate contains rich substances that gives precious works

to human. Pomegranate contains abundant vitamin and mineral, contains polyphenol, and anthocyanin more than red wine and green tea,

and many precious elements, which help the function of in the body.

Ever have not been familiar with our eating habit, we will offer 100% of <pomegranate> juice as a friend of health life to you.

Why does a red fruitification like ruby contains many ingredients nutrient-rich, which gentle to human?

The hometown of pomegranate is Zagros Plateau, where on the mountain is a desert.

In the severe environment for a plant, pomegranate stretches its root deeply, absorb the mineral in a box over many hours, and fruit it. And it passes along its life to the present.

About a necessary element for our body called the vitamin and the mineral that are absorbed by a root of a plant, we can take the necessary elements by eating. The vegetables,

made by the agricultural technique that we have eaten now,

do not contain nutrition as much as it contained used to. Must take

nutrition that deficient. Is a supplement from the wisdom of

the consumer who has realized that?

Recently, the lifestyle related diseases are increasing rapidly by

Westernized eating habits. Overeating, the shortage of exercise,

and stress are accelerated then. Although it is important that improve

the lifestyle to prevent lifestyle related diseases, and remove dangerous

factors of fatness, deviation of eating habit, pomegranates improves such

lifestyle related diseases and it is said that is very useful to prevent

them.



Bits of knowledge before tasting "Zagros"pomegranate

Have and astringent taste because extracted with the seed and the skin that contain pomegranate ingredients.

Therefore, it is somewhat deep in density as 128° and the sugar concentration is set up at 16.5.

(It is 100% juice of pomegranates.)

It contains many ingredients very good for the body, as already know by many people.

It is important that continue to drink more than anything.

Enjoy using "Zagros"pomegranate

- Squeeze a lemon little bit into pomegranate juice, that lemon flavor and acidity will be mild and makes taste fresh.
- Add dollop of water, milk, and etc., it will become easier to drink to children.
- For those who drink alcohol, it is recommended drinking pomegranate juice that mixes water with distilled spirit or vodka.
- Add few pomegranate juice to fruit salad, it complements taste of fruit.
- Contrive many things to make pleasant pomegranate juice recipes, and use for your healthy life.

Health control "Zagros"pomegranate tells

Please have about 50cc of pomegranate juice slowly wake in a morning.

At the daytime, should have about 50~100cc after a meal.

Have pomegranate juice at the time for supper, instead of wine, that makes work of saliva will be active and appetite will be increased.

Pomegranate juice will suits Japanese food, western food, and also Chinese food. Please try it.

Have about 100cc before taking a bath or sleeping, your physical condition will be fine in the next day.